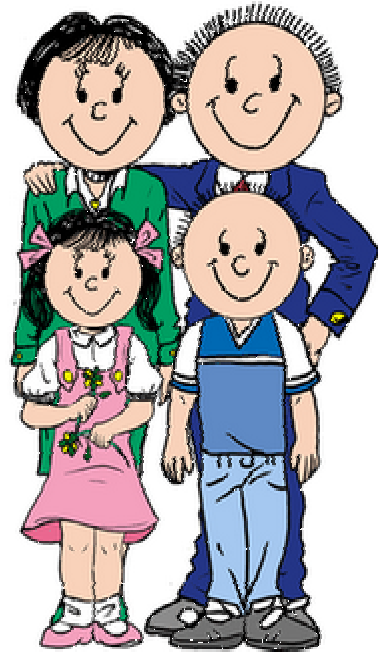


# Parents: Your drinking behavior can impact your children at two critical times in their development.

1. Prenatal exposure to alcohol increases the risk of alcohol disorders in adolescents and young adults.
2. Children of parents who drink are more than twice as likely to try alcohol themselves. And children of parents who drink are 30 times more likely to get drunk than children of parents who do not drink.



For more information visit  
[www.babybornfree.com/parents](http://www.babybornfree.com/parents)

---

Alati R, Al Mamun A, Williams GM, O'Callaghan M, Najman JM, Bor W. In utero alcohol exposure and prediction of alcohol disorders in early adulthood. *Arch Gen Psychiatry*. 2006;63(9):1009-1016.

Eade AM, Sheehe PR, Molina JC, Spear NE, Youngentob LM, Youngentob SL. The consequence of fetal ethanol exposure and adolescent odor re-exposure on the response to ethanol odor in adolescent and adult rats. *Behavioral and Brain Functions* 2009, **5**:3

Alcoholism: Clinical & Experimental Research, news release, Feb. 3, 2008  
[http://kidshealth.org/teen/drug\\_alcohol/alcohol/alcohol.html](http://kidshealth.org/teen/drug_alcohol/alcohol/alcohol.html)

Griesler PC, Kandel DB. The impact of maternal drinking during and after pregnancy on the drinking of adolescent offspring. *J Stud Alcohol*. 1998;59(3):292-304.  
<http://www.behavioralandbrainfunctions.com/content/5/1/3>

World Health Organization Survey: Health Behavior in School-Aged Children, 1997-1998 International survey across USA, Canada, and Europe.

<http://www.icpsr.umich.edu/SDA/SAMHDA/03522-0001/CODEBOOK/3522.htm>

[www.babybornfree.com](http://www.babybornfree.com)

---

---

Alati R, Al Mamun A, Williams GM, O'Callaghan M, Najman JM, Bor W. In utero alcohol exposure and prediction of alcohol disorders in early adulthood. *Arch Gen Psychiatry*. 2006;63(9):1009-1016.

Eade AM, Sheehe PR, Molina JC, Spear NE, Youngentob LM, Youngentob SL. The consequence of fetal ethanol exposure and adolescent odor re-exposure on the response to ethanol odor in adolescent and adult rats. *Behavioral and Brain Functions* 2009, **5**:3

Alcoholism: Clinical & Experimental Research, news release, Feb. 3, 2008  
[http://kidshealth.org/teen/drug\\_alcohol/alcohol/alcohol.html](http://kidshealth.org/teen/drug_alcohol/alcohol/alcohol.html)

Griesler PC, Kandel DB. The impact of maternal drinking during and after pregnancy on the drinking of adolescent offspring. *J Stud Alcohol*. 1998;59(3):292-304.  
<http://www.behavioralandbrainfunctions.com/content/5/1/3>

World Health Organization Survey: Health Behavior in School-Aged Children, 1997-1998 International survey across USA, Canada, and Europe.

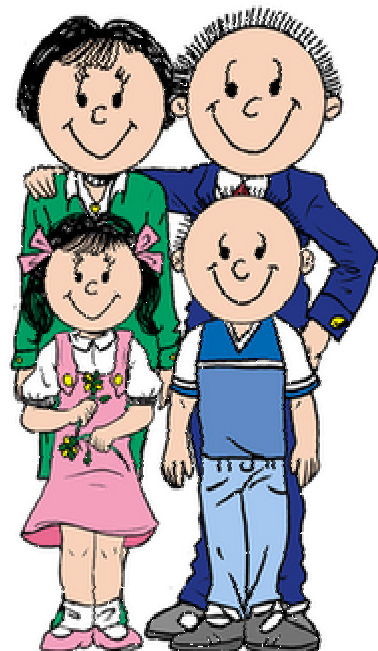
<http://www.icpsr.umich.edu/SDA/SAMHDA/03522-0001/CODEBOOK/3522.htm>

[www.babybornfree.com](http://www.babybornfree.com)

---

## **Parents: Your drinking behavior can impact your children at two critical times in their development.**

- 3. Prenatal exposure to alcohol increases the risk of alcohol disorders in adolescents and young adults.**
- 4. Children of parents who drink are more than twice as likely to try alcohol themselves. And children of parents who drink are 30 times more likely to get drunk than children of parents who do not drink.**



---

For more information visit  
[www.babybornfree.com/parents](http://www.babybornfree.com/parents)